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Espresso Extraction: Measurement and Mastery, Scott Rao goes deep into the chemistry and technology of espresso extraction with this gem of a textbook. If you're inclined to toy around with a refractometer, or if you just generally strive for perfection in all your culinary pursuits, this book is for you.

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While Extraction% is referring to the %TDS in the espresso

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beverage compared to the dry ground coffee weight in the portafilter. Brew Strength is commonly preferred in the 10% - 13% range while Extraction% is preferred to be in the 18% - 20% range. This can be explored further by reading Scott Rao's Espresso Extraction: Measurement and Mastery

The Espresso Recipe | ChefSteps

Scott is an author, consultant, blogger, and veteran of the coffee industry. It was my pleasure to talk to him about tea fanaticism, coffee in the 90s-present, coffee and the microbiome, modern advents in espresso tech, different generations of smart people in coffee, asking better questions, and more. Find Scott's excellent books and blog at scottrao.com I particularly recommend his e-book ...

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